

Outcome Model

1. **What do you want?**
 - Stated in positive terms

2. **How will you know when you have it?**

3. **Where, when, and with whom do you want it?**
{In what context(s) do you want your outcome?}

4. **What impact will {your desired outcome} have on your life?**
 - Are there any potential downsides?
 - How will your life be affected?

5. **What stops you from already having {your desired outcome}?**

6. **What resources do you already have to help you get {your desired outcome}?**

7. **What additional resources do you need in order to get {your desired outcome}?**

8. **How are you going to get there?**
 - Is the first step sensory-specific and achievable?
 - Does the Explorer have more than one way to get there?